

**SESSION 2005****CLASSES DE PREMIERE****ANGLAIS**

“Your blood tests came back with significant abnormalities. You need immediately medical attention.” The doctor’s words hit Dieynaba like a sledgehammer. That night, I kept thinking there must have been a lab error. I told myself, “I just couldn’t be sick.”

5 Like many people, Dieynaba thought that she was reasonably healthy, so she ignored the nagging symptoms. She blamed her persistent thirst on the tranquilizers she was taking. She attributed the frequent urination to an excess intake of water. What about her tiredness-well, what working mother does not get exhausted?

10 But then the blood test confirmed that diabetes was the culprit. It was difficult for Dieynaba to accept the diagnosis.” I told no one about my illness. At night when my family was asleep, I would stare out at the darkness and cry?” Upon learning that they have diabetes, some patients like Dieynaba, experience a flood of emotions, anger, even depression. These are natural responses to what seems unfair blow. With support, however, you can adapt.” my nurse helped me to accept my condition. She told me it was OK to cry, this emotional outlet helped me to adjust.”

15 Diabetes has been called “a disorder of the very engine of life,” and for good reasons. When the body cannot metabolise glucose, a number of vital mechanisms can break down, sometimes, with life threatening consequences. “People don’t die directly from diabetes,” says doctor Diallo, “they are victims of complications such as heart disease, stroke, poor kidney function, arterial disease, nerve damage etc. We do a good job of preventing complications but a very poor job of treating them once they occur.”

20 With type 1, diabetes insulin is simply not available, whereas with type 2, the body makes insulin but usually not enough. With both conditions, the result is the same: hungry cells and dangerous levels of sugar in the blood. Although type 1 cannot be prevented, scientists are studying the genetic risk factors and are trying to find ways to suppress an immune attack.

25 With type 2, the picture seems much brighter. Many of those who might be susceptible avoid showing any sign of this disease by eating a balanced diet and exercising regularly, thereby staying physically fit and keeping their weight under normal limits.

30 There is no blanket treatment for diabetes. When considering treatment, each individual must take into account a number of factors in order to make wiser decisions. Even though you are under the care of medical team, you are in the driver’s seat. Medical treatment of diabetes without systematic self management education can be regarded as substandard and unethical care. The more the patients learn about their condition, the better equipped they will be to manage their health and increase their prospect of living a longer, healthier life.

35 Effective education, however, calls for a lot of patience. If you try to learn everything at once, you are likely to get confused. Besides, much of the most useful information you will need isn’t found in books or booklets. It has to-do with... how your own blood sugar varies with changes and routines. This can be learned only over time, through trial and error.

40 Not to be overlooked in the treatment of diabetes is the emotional support of relatives. Knowledge will help them to be of paramount support, recognize symptoms and know how to respond. Dienaba’s husband says “I can tell when her sugar level goes too low. She will get quiet in mid conversation, she perspires profusely and gets highly irritable.”

45 Dienaba’s husband reassured her of his love, which made big difference. She related: “he said to me, “People need to take in food and water to survive, just the same as you need food and water to survive, just the same as you need food and water –and a little dose of insulin”. These warm yet practical words were just what I needed.”

Adapted from AWAKE ! May 8,2003

I / READING COMPREHENSION (08 points)

A. Refer to the text to complete the table below (1.5 point) (6 x 0.25 point)

Questions	Answers
What are the three symptoms Dieynaba ignored?	1. 2. 3.
What two efficient strategies to curb type 2 diabetes are mentioned in the text?	4. 5.
What is the prerequisite for good treatment mentioned in paragraph 6?	6.

B. Choose the right answer:

1.5 point (6 x 0.25)

7. The author’s main purpose is to

- a. persuade b. inform c. entertain d. Criticize

8. The sentence “There is no blanket treatment for diabetes. “ means:

- a. There is no country which is safe from diabetes.
b. There is no single way of coping with diabetes.
c. There is no resistance to diabetes.
d. There is no preventive medicine against diabetes.

9. Choose the right sentence to complete the statement:

The more the patient knows about his/her condition...

- a. The more confused he/ she is about his / her chances of survival
b. The more anguished he/ she is in the early stages of the disease.
c. The greater his / her chances to live longer and better.
d. The greater his / her chances to feel less pain.

10. The main pattern of organization of paragraph 5 is...

- a addition b. cause and effect c. comparison and contrast. d. definition and example

11. As used in the text (paragraph 5), “susceptible” means:

- a. likely to be affected b. unlikely to be affected c. easily irritable d. highly protected

12. As used in (paragraph 8), “overlooked “means

- a. not looked for b. not noticed c. not protected d. not overdone.

CLASSES DE PREMIERE

C. Say whether the following statements from the text are facts or opinions. Tick the right answer. 1 point (4 x 0.25)

Statements	Facts	Opinions
13. But then the blood test confirmed that diabetes was the culprit.		
14. Effective education, however, calls for a lot of patience.		
15. At night when my family was asleep, I would stare out at the darkness and cry.		
16. When the body cannot metabolise glucose, a number of vital mechanisms can break down, sometimes, with life threatening consequences.		

D. What or who do the following words or phrases refer to? 2 points (4 x 0.5)

- 17. **This emotional outlet** helped me to adjust..... (paragraph 3)
- 18. -----treating **them** once they occur (paragraph 4)
- 19. **Their** weight (paragraph 5)
- 20. **It** has to do with (paragraph 7)

E. Find in the text words or phrases used to express: 2 points

- 21. Strong probability: (paragraph 1)
- 22. Past habit: (paragraph 3)
- 23. Contrast: (paragraph 6)
- 24. Addition: (paragraph 7)

II LINGUISTIC AND COMMUNICATIVE COMPETENCE (04 points)

F. Match the statements in box 1 with their responses in box 2 and the functions they express in box 3. One example is provided. (1.75 pts : 7 x 0.25)

<p>25. Would you mind if I took one booklet ?</p> <p>26. How do I get to doctor Diallo's office ?</p> <p>27. I wish I had been more careful.</p> <p>28. You should have informed them about it.</p> <p>29. I can't stand these pills!</p> <p>30. What about taking a blood test?</p> <p>31. Would you mind changing my appointment?</p> <p>32. Should I take these pills?</p>	<p>A-If were you I would inform the doctor first</p> <p>B-You are absolutely right, I will.</p> <p>C- I cannot either, I feel so drowsy!</p> <p>D-Certainly, I can take you next week.</p> <p>E.- Sorry, their cannot be taken out</p> <p>F- I am not to blame.</p> <p>G- Take the first left It is right there, you can't miss it !</p> <p>H- You will be fine. Just stick to your diet.</p>
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I	Asking for and giving advice.
II	Asking for and giving direction
III	Expressing regret and comforting
IV	Expressing reproach / denial
V	Expressing dislikes/ Agreeing
VI	Making a request / Accepting /
VII	Marking / accepting suggestion
VIII	Asking / Accepting suggestion

ANSWERS

- Example :** 25. E VIII 28. . . . 31. . . .
 26. . . . 29 . . . 32. . . .
 27. . . . 30. . . .

G. Complete the passage meaningfully by choosing from the provided list. 2 points (8 x 0.25)

Why the increase of diabetes among young people.
 It is estimated that 140 million people suffer ...**33**.... Diabetes and the number could double by 2025. But the alarming trend is that diabetes is becoming a disease of the young. The average for the onset of diabetes is**34**.... dropping. Ten years ago medical students...**35**... that you did not see this disease in people under 40. Now we are seeing it in people under 20. Sometimes a...**36**... predisposition is involved....**37**... weight and environment ...**38**... also play a role. The number of obese children has doubled in the past decades. There have been a number of changes in...**39**... habits and activity patterns. These include more junk foods, and fast foods, **40**....physical activity.

Circle the right answers

- | | | | | |
|-----------|------------|----------------|----------------|------------------|
| 33 | a) in | b) on | c) at | d) from |
| 34 | a) at | b) on | c) indeed | d) while |
| 35 | a) teach | b) were taught | c) taught | d) were teaching |
| 36 | a) genetic | b) generic | c) general | d) virus |
| 37 | a) Despite | b) but | c) even though | d) whereas |
| 38 | a) must | b) should | c) needn't | d) do |
| 39 | a) to eat | b) to eating | c) feeding | d) eating |
| 40 | a) many | b) much | c) less | d) fewer |

H. Rewrite the following statements using the proposed beginnings 2 points (8 x 0.25)

- 41** he started taking this medication three weeks ago.
 He has.....
- 42** We should not have taken these traditional drugs.
 I wish.
- 43** Even though they are very sick, they keep working hard.
 Despite.....
- 44**” Do I have to take the same tablets? “he asked.
 He wanted to know.....
- 45** Doctor Diallo is taking care of both sisters.
 Both sisters
- 46** Exercising helps us stay healthy.
 The more.....
- 47** He didn't get better because he did not keep to his diet.
 If
- 48** She has never had such a good treatment.
 This is.....

I. Reorder these words into a meaningful statement .(0.25point)

The benefits the more of regular study exercise, researchers better get the news for patients.
 .../...5

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Teacher's Scoring Grid Teacher's Scoring Grid

Copy Number	I- Reading Comprehension (8 points) A, B, C (1 - 16) = 0,25 D, E (17 - 24) = 0,50												II- Ling. and Com. Competence (6 points) 24 x 0,25												III- Writing / 4 / 2		SCORE
	1	3	5	7	9	11	13	15	17	19	21	23	25	27	29	31	33	35	37	39	41	43	45	47			
2	4	6	8	10	12	14	16	18	20	22	24	26	28	30	32	34	36	38	40	42	44	46	48				

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III WRITING (You have to do both writings) (06 points)

1 . On the occasion of Diabetes Day, your school has decided to run an information campaign in your local area. To reach a wide range of people you send a letter to the authorities in the community telling them about your program, the strategies you will use and the kinds of support you need to implement your plan. (04points)

(About 250 words)

2 To celebrate Diabetes Day, your English club has invited a doctor to talk about the disease. You seize the opportunity to interview him for the column in the English Club magazine you are responsible for: you have provide the questions to complete the interview with Doctor Diallo. (02points)

Five questions to Professor Diallo.

q 1- You :

Doctor : Not really. This is a common misconception. Eating a lot of sugar does not cause diabetes, still it is unhealthy and cannot be recommended. It can contribute to obesity and expose to a lot of diseases.

q 2-You :

Doctor : Absolutely. Physical activities are very good. However, exercise for people with diabetes should be professionally supervised. A simple scratch which goes unnoticed can lead to amputation.

q 3- You:

Doctor: Yes if they recognize the seriousness of the disorder and accept to submit to a program of treatment.

q 4- You :

Doctor: They include various serious conditions such as different heart problems, kidney failure, blindness, nerve damage among others.

q 5- You :

Doctor: no there isnt'. The condition cannot be reversed, therefore my advice is:

“stay away from junk food stay and stay fit”.

ANSWER SHEETI- READING COMPREHENSION

(08 Points)

A Table Completion:

- | | | |
|---------------------|-----------------------|------------------------------|
| 1 persistent thirst | 2. frequent urination | .3. tiredness |
| 4. balanced diet | 5. exercising | 6. self-management education |

B Choose the right answer

Put the letter corresponding to the right answer.

- | | | | | | |
|----|----|----|-----|-----|-----|
| 7b | 8b | 9c | 10c | 11a | 12b |
|----|----|----|-----|-----|-----|

C. Fact or opinion ?

- | | | | |
|---------|-------------|----------|----------|
| 13:fact | 14: opinion | 15: fact | 16: fact |
|---------|-------------|----------|----------|

D. References

- | | |
|--|---|
| 17: Crying | 18: Complications |
| 19: Those who might be genetically susceptible | 20: Much of the most useful information |

E. Words or Phrases that express

- | | |
|--------------------|-----------------|
| 21: must have been | 22: would stare |
| 23: even though | 24: besides |

II LINGUISTIC COMMUNICATIVE COMPETENCE

(08points)

F. Matching:

- | | | |
|------------|-----------|----------|
| 25. E VIII | 28. F IV | 31. D VI |
| 26. G II | 29. C V | 32. A I |
| 27. H III | 30. B VII | |

G. (Put the letter corresponding to the right answer)

- | | | | | | | | |
|-------|------|------|------|------|------|------|------|
| 33.d. | 34.c | 35.b | 36.a | 37.b | 38.d | 39.d | 40.c |
|-------|------|------|------|------|------|------|------|

H. Rewriting.

41. He has been taking this medication for tree weeks.
- 42 I wish we had not taken these traditional drugs.
43. Despite their poor condition / health / sickness..., they keep working hard.
44. He wanted to know if he had to take the same tablet.
- 45 Both sisters are being taken care of by Doctor Diallo
46. The more we exercise, the healthier we stay.
47. If he had kept to his diet he would have got better.
48. This is the best treatment she has ever had.

I. Reordering;

The more researches study the benefits of regular exercise, the better the news get for the patients.

III WRITING (understandability and pertinence of ideas, fluency, accuracy, coherence)